

Animation sheet – Activity "Take a step forward"

Objective:

To make students or participants aware of visible and invisible educational inequalities, to initiate collective work on inclusion.

Materials needed:

- A large room or open space- A list of phrases such as: "Take a step forward if..." - A floor marked by a visible starting line

Course of the activity (approx. 45 min)

1. Introduction (5 min)

Present the objective: to reflect on inequalities in access to academic success. Specify that it is a symbolic and benevolent game, without judgment.

2. Activité (10-15 min)

Read a dozen sentences such as:- Take a step forward if you feel capable of succeeding in your studies.- Take a step forward if your parents can help you with your homework.- Take a step forward if you feel respected at school.

The students advance according to the character on the map.

3. Silent observation (2 min)

At the end, ask students to observe their position without moving or speaking.

4. Collective debriefing (20 min)

Divide the questions into 4 steps:

I. Feeling

- How did you feel during the exercise?- What did you think of your position at the end of the activity?

II. Awareness

- What do you notice about the differences between the positions?- Who has made the most progress? Who has remained close to the starting point?- Do you think this reflects the realities in our establishment?

III. Analysis of inequalities

- What can explain these differences in advancement?- What forms of inequality are visible? Which ones are invisible?- Do you think that some students are disadvantaged without it being immediately visible?

IV. Opening up to courses of action

- What can we do in our school to reduce these inequalities?- What inclusive gestures or practices could help those who are moving more slowly?- How can the educational team, students and families cooperate?



Written trace possible (optional)

Suggest that students individually write down a sentence or action that they can put in place to contribute to a more inclusive school.

Questions – Take a step forward (eBEP profile-based version)

School accessibility and learning

- Take a step forward if you easily understand the instructions given in class.
- Take a step forward if you can work from home in a quiet environment.
- Take a step forward if you have already received personalized tutoring.
- Take a step forward if you don't need to ask for accommodations to learn effectively.
- Take a step forward if you can stay focused in class without difficulty.

Relationship with the school and educational staff

- Take a step forward if your teachers take the time to listen to you individually.
- Take a step forward if you can easily express your difficulties in class.
- Take a step forward if you feel that your teachers believe in you.
- Take a step forward if you've never been afraid of being judged in class.
- Take a step forward if you are comfortable with group work.

Family situation and resources

- Take a step forward if your parents can help you with all school subjects.
- Take a step forward if your parents have a good understanding of how the school system works.
- Take a step forward if you've never needed to translate for your parents.
- Take a step forward if your family encourages you in your study plans.
- Take a step forward if your family has never faced financial difficulties.

Well-being, trust and inclusion

- Take a step forward if you've never been harassed or ostracized.
- Take a step forward if you feel free to be yourself in middle school/high school.
- Take a step forward if you don't need to hide certain things to be accepted.
- Take a step forward if you have never felt excluded because of your appearance, disability or origin.
- Take a step forward if you've always had friends you feel good with.